

Steps to set up workplace guided rides

Find a supplier

There are a number of suppliers that have qualified guides to plan and run a ride for you. You should check that the supplier has appropriate insurance, and a good track record of providing guided rides. Your local council might be able to suggest a list of training organisations that operate in the area.

Some suppliers may be able to provide bikes and helmets for your staff.

Identify a route and points of interest

Your supplier will be able to help you plan a route, but it is a good idea if you have a points of interest in mind that will resonate with your employees.

Promote to staff

As with any workplace training or development opportunity, your employees will need to be encouraged to sign up and participate. Ideally, you would use a booking system with a waiting list so that you can manage participant numbers.

Many people only learn about activities like guided rides once they are over and you have photos of people on a ride and that share their experience with others. It is a good idea to approach delivering rides as a consistent program, where you might run a series of themed rides over time. This might include when employees return to the office from the Christmas break, or at other times of year when you are more strongly focused on team building or inter-team collaboration.