

# Additional references

**DESCRIPTION:** A wide range of information is available to assist you with your Travel Plan development, implementation and monitoring. Some of those resources are listed below.

## CONTENTS:

- General
- Case studies
- Walking
- Cycling
- General active transport and active living
- Car pooling
- Car sharing
- Public transport
- Reducing the need to travel
- Smarter working
- Travel behaviour change
- Survey

<b>Car pooling</b>	
Guaranteed ride home	<a href="http://www.gw.govt.nz/assets/Transport/Workplace-Travel-Plans/Guaranteed-Ride-Home.pdf">http://www.gw.govt.nz/assets/Transport/Workplace-Travel-Plans/Guaranteed-Ride-Home.pdf</a>
How a guaranteed ride home boosts car sharing at Tesco	<a href="http://business.liftshare.com/business/how-a-guaranteed-ride-home-boosts-car-sharing-at-tesco/">http://business.liftshare.com/business/how-a-guaranteed-ride-home-boosts-car-sharing-at-tesco/</a>
<b>Car sharing</b>	
Car share guide	<a href="http://www.cityofsydney.nsw.gov.au/live/residents/car-sharing">http://www.cityofsydney.nsw.gov.au/live/residents/car-sharing</a>
<b>Case Studies</b>	
Central Manchester University Hospitals Sustainable Travel Plan 2015-2020	<a href="http://www.cmft.nhs.uk/media/1531435/sustainable%20travel%20plan%20-%20final.pdf">http://www.cmft.nhs.uk/media/1531435/sustainable%20travel%20plan%20-%20final.pdf</a>
Derby Teaching Hospitals Travel Plan 2017 Summary Report	<a href="http://www.derbyhospitals.nhs.uk/about/publications-reports/publication-archive/">http://www.derbyhospitals.nhs.uk/about/publications-reports/publication-archive/</a>
Lismore Base Hospital Precinct Travel Plan	2015 <a href="http://nswlhd.health.nsw.gov.au/wp-content/uploads/LBHTravelPlan.pdf">http://nswlhd.health.nsw.gov.au/wp-content/uploads/LBHTravelPlan.pdf</a>
National Health Services Scotland Sustainable Travel Plan 2013	<a href="https://nhsns.org/media/1315/doc_1-_2013-03-20_stap_draft.pdf">https://nhsns.org/media/1315/doc_1-_2013-03-20_stap_draft.pdf</a>
National Health Services Scotland Travel Plan Guidance 2007	<a href="http://www.hfs.scot.nhs.uk/publications-/guidance-publications/?show=20&amp;set=6">http://www.hfs.scot.nhs.uk/publications-/guidance-publications/?show=20&amp;set=6</a>
Northampton General Hospital (UK) Travel Plan 2016-2019	<a href="https://www.northamptongeneral.nhs.uk/About/Information-and-Data-Protection/Freedom-of-Information-Act/Freedom-of-Information-Act-2000/Publication-Scheme/PDF-Our-policies-and-procedures/Travel-plan.pdf">https://www.northamptongeneral.nhs.uk/About/Information-and-Data-Protection/Freedom-of-Information-Act/Freedom-of-Information-Act-2000/Publication-Scheme/PDF-Our-policies-and-procedures/Travel-plan.pdf</a>
Northern Beaches Health Service Workplace Travel Plan 2016 – 2017	<a href="http://www.nslhd.health.nsw.gov.au/HealthInformation/HealthPromotion/Documents/Projects/Healthy_Weight/GoActive2Work/NBHS_WTP.pdf">http://www.nslhd.health.nsw.gov.au/HealthInformation/HealthPromotion/Documents/Projects/Healthy_Weight/GoActive2Work/NBHS_WTP.pdf</a>
Oxford University Hospitals Staff Sustainable Travel Information	<a href="https://www.ouh.nhs.uk/working-for-us/employment/documents/StaffSustainableTravelInformationv1.pdf">https://www.ouh.nhs.uk/working-for-us/employment/documents/StaffSustainableTravelInformationv1.pdf</a>
Royal North Shore Hospital Workplace Travel Plan 2016 – 2018	<a href="http://www.nslhd.health.nsw.gov.au/HealthInformation/HealthPromotion/Documents/Projects/Healthy_Weight/GoActive2Work/RNSH_WTP.pdf">http://www.nslhd.health.nsw.gov.au/HealthInformation/HealthPromotion/Documents/Projects/Healthy_Weight/GoActive2Work/RNSH_WTP.pdf</a>
Seattle Children's (Hospital) Comprehensive Transportation Plan 2008	<a href="http://masterplan.seattlechildrens.org/documents/CTP_booklet_final.pdf">http://masterplan.seattlechildrens.org/documents/CTP_booklet_final.pdf</a>
Southmead Hospital, Bristol (UK) Travel Plan 2013-18	<a href="https://www.nbt.nhs.uk/our-hospitals/southmead-hospital-bristol/southmead-hospital-site-redevelopment/southmead-hospital">https://www.nbt.nhs.uk/our-hospitals/southmead-hospital-bristol/southmead-hospital-site-redevelopment/southmead-hospital</a>
UTS Sustainable Transport Plan 2013 – 2020	<a href="https://www.uts.edu.au/sites/default/files/SUSTAINABLE_TRANSPORT_PLAN.140301.pdf">https://www.uts.edu.au/sites/default/files/SUSTAINABLE_TRANSPORT_PLAN.140301.pdf</a>
Travel Choices case studies	<a href="https://www.mysydney.nsw.gov.au/travelchoices/resources">https://www.mysydney.nsw.gov.au/travelchoices/resources</a>

Cycling	
Cycling in NSW	<a href="https://transportnsw.info/travel-info/ways-to-get-around/walking-cycling/cycling">https://transportnsw.info/travel-info/ways-to-get-around/walking-cycling/cycling</a>
Australian Bicycle Council	<a href="http://www.bicyclecouncil.com.au/">http://www.bicyclecouncil.com.au/</a>
Riding to work	<a href="http://www.sydneycycleways.net/resources/workplace-resources">http://www.sydneycycleways.net/resources/workplace-resources</a>
The cycle-friendly workplace	<a href="http://www.bq.org.au/images/uploads/pdfs/cycle_friendly_workplace_guide.pdf">http://www.bq.org.au/images/uploads/pdfs/cycle_friendly_workplace_guide.pdf</a>
Bicycle NSW	<a href="https://bicyclensw.org.au/advocacy/knowledgebase/standards/">https://bicyclensw.org.au/advocacy/knowledgebase/standards/</a>
Bicycle Network, Australia	<a href="https://www.bicyclenetwork.com.au/general/policy-and-campaigns/2932/">https://www.bicyclenetwork.com.au/general/policy-and-campaigns/2932/</a>
National Cycling Strategy: Implementation Report 2016	<a href="https://www.onlinepublications.austroads.com.au/items/AP-C93-17">https://www.onlinepublications.austroads.com.au/items/AP-C93-17</a>
Australian Cycling Participation Report 2017	<a href="https://www.onlinepublications.austroads.com.au/items/AP-C91-17">https://www.onlinepublications.austroads.com.au/items/AP-C91-17</a>
Benefits of investing in cycling, British Cycling	<a href="https://www.britishcycling.org.uk/zuvvi/media/bc_files/campaigning/BENEFITS_OF_INVESTING_IN_CYCLING_DIGI_FINAL.pdf">https://www.britishcycling.org.uk/zuvvi/media/bc_files/campaigning/BENEFITS_OF_INVESTING_IN_CYCLING_DIGI_FINAL.pdf</a>
A handbook for bicycle riders NSW Roads and Maritime Services	<a href="http://www.rms.nsw.gov.au/documents/roads/bicycles/bicycle-riders-handbook.pdf">http://www.rms.nsw.gov.au/documents/roads/bicycles/bicycle-riders-handbook.pdf</a>
Riding to work Sydney Cycleways	<a href="http://www.sydneycycleways.net/resources/workplace-resources/">http://www.sydneycycleways.net/resources/workplace-resources/</a>
Getting to work	<a href="http://www.rms.nsw.gov.au/roads/bicycles/cycleway-finder.html">http://www.rms.nsw.gov.au/roads/bicycles/cycleway-finder.html</a>
End of trip facilities	See – Australian Standards AS2890.3:2015
Business Cycle Fleet Guide	<a href="http://cdn.sydneycycleways.net/wp-content/uploads/2014/11/24022938/Bicycle-Fleet-toolkit-for-businesses.pdf">http://cdn.sydneycycleways.net/wp-content/uploads/2014/11/24022938/Bicycle-Fleet-toolkit-for-businesses.pdf</a>
End of trip facilities: a 'must have' for Sydney businesses	<a href="http://www.sydneymedia.com.au/end-of-trip-facilities-a-must-have-for-sydney-businesses/">http://www.sydneymedia.com.au/end-of-trip-facilities-a-must-have-for-sydney-businesses/</a>
Why don't more women cycle?	<a href="http://www.cyclinguk.org/article/campaigns-guide/women-cycling">http://www.cyclinguk.org/article/campaigns-guide/women-cycling</a>
Cycling to work: major new study suggests health benefits are staggering	<a href="https://theconversation.com/cycling-to-work-major-new-study-suggests-health-benefits-are-staggering-76292">https://theconversation.com/cycling-to-work-major-new-study-suggests-health-benefits-are-staggering-76292</a>

General	
The Global Street Design Guide	<a href="https://globaldesigningcities.org/publication/global-street-design-guide/">https://globaldesigningcities.org/publication/global-street-design-guide/</a>
Real-time travel apps	<a href="https://transportnsw.info/apps#home-toolkit">https://transportnsw.info/apps#home-toolkit</a>
Travel Choices resources	<a href="https://www.mysydney.nsw.gov.au/travelchoices/resources">https://www.mysydney.nsw.gov.au/travelchoices/resources</a>
The Switch Campaign Guide and Toolbox	Practical advice for campaigns to promote a switch from car based travel to active modes of travel <a href="https://www.switchtravel.eu/campaign-guide">https://www.switchtravel.eu/campaign-guide</a>
General active transport and active living	
Get Healthy at Work - All the tools, resources and support your business needs to create a simple yet effective workplace health program	<a href="http://www.gethealthyatwork.com.au/">http://www.gethealthyatwork.com.au/</a>
Move More Sit Less Evaluation Toolkit Heart Foundation	<a href="https://www.heartfoundation.org.au/active-living/active-workplaces/move-more-sit-less-resources">https://www.heartfoundation.org.au/active-living/active-workplaces/move-more-sit-less-resources</a>
Active Transport – walking and cycling Australian Department of Infrastructure and Regional Development	<a href="https://infrastructure.gov.au/infrastructure/pab/active_transport/index.aspx">https://infrastructure.gov.au/infrastructure/pab/active_transport/index.aspx</a>
Investing in Cycling and Walking. The Economic Case for Action. UK Department for Transport, 2015	<a href="https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/416826/cycling-and-walking-business-case-summary.pdf">https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/416826/cycling-and-walking-business-case-summary.pdf</a>
Association between active commuting and incident cardiovascular disease, cancer, and mortality: prospective cohort study	<a href="http://www.bmj.com/content/357/bmj.j1456">http://www.bmj.com/content/357/bmj.j1456</a>
Move More Sit Less Evaluation Toolkit Heart Foundation	<a href="https://www.heartfoundation.org.au/active-living/active-workplaces/move-more-sit-less-resources">https://www.heartfoundation.org.au/active-living/active-workplaces/move-more-sit-less-resources</a>
Active Transport – walking and cycling Australian Department of Infrastructure and Regional Development	<a href="https://infrastructure.gov.au/infrastructure/pab/active_transport/index.aspx">https://infrastructure.gov.au/infrastructure/pab/active_transport/index.aspx</a>
Investing in Cycling and Walking. The Economic Case for Action. UK Department for Transport, 2015	<a href="https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/416826/cycling-and-walking-business-case-summary.pdf">https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/416826/cycling-and-walking-business-case-summary.pdf</a>
Association between active commuting and incident cardiovascular disease, cancer, and mortality: prospective cohort study	<a href="http://www.bmj.com/content/357/bmj.j1456">http://www.bmj.com/content/357/bmj.j1456</a>
Walking, Riding and Access to Public Transport – Supporting Active Travel in Australian Communities Ministerial Statement	<a href="https://infrastructure.gov.au/infrastructure/pab/active_transport/files/infra1874_mcu_active_travel_report_final.pdf">https://infrastructure.gov.au/infrastructure/pab/active_transport/files/infra1874_mcu_active_travel_report_final.pdf</a>

<b>Public transport</b>	
Promoting Public Transport at Work Department of Transport, Western Australia	<a href="https://yourmove.org.au/resources/promoting-public-transport-at-work/">https://yourmove.org.au/resources/promoting-public-transport-at-work/</a>
WA Government TravelSmart Workplace Fact Sheet	<a href="http://healthierworkplacewa.com.au/media/2300/promoting-public-transport.pdf">http://healthierworkplacewa.com.au/media/2300/promoting-public-transport.pdf</a>
Open Data Hub and Developer Portal	<a href="https://opendata.transport.nsw.gov.au">https://opendata.transport.nsw.gov.au</a>
Public Transport Toolkit, Transport for NSW	<a href="https://transportnsw.info/#/">https://transportnsw.info/#/</a>
<b>Reducing the need to travel</b>	
Campaign for Better Transport	<a href="http://www.bettertransport.org.uk/sites/default/files/research-files/reducing-the-need-to-travel-guide.pdf">http://www.bettertransport.org.uk/sites/default/files/research-files/reducing-the-need-to-travel-guide.pdf</a>
Westrans, Travel Plans, UK	<a href="http://www.westtrans.org/wla/westtrans.nsf/Measures/WT-23">http://www.westtrans.org/wla/westtrans.nsf/Measures/WT-23</a>
<b>Smarter working</b>	
Australian HR Institute	<a href="https://www.ahri.com.au/resources/general-information-page/telework-a-conversation-page">https://www.ahri.com.au/resources/general-information-page/telework-a-conversation-page</a>
The Way we Work: best practice guidelines for Smarter Working	<a href="https://www.gov.uk/government/publications/the-way-we-work-tw3-best-practice-guidelines-for-smarter-working">https://www.gov.uk/government/publications/the-way-we-work-tw3-best-practice-guidelines-for-smarter-working</a>
Workwise UK. Working smarter: living better	<a href="https://www.workwiseuk.org/">https://www.workwiseuk.org/</a>
Telework New Zealand	<a href="http://www.telework.co.nz/">http://www.telework.co.nz/</a>
The official website of the US Federal Government's telework program	<a href="https://www.telework.gov/">https://www.telework.gov/</a>
Europe's leading website for smarter working	<a href="http://www.flexibility.co.uk/">http://www.flexibility.co.uk/</a>
<b>Surveys</b>	
Survey methods for transport planning	Richardson, Ampt, Meyburg, 1995
<b>Travel behaviour change</b>	
Active healthy communities, Queensland	<a href="http://www.activehealthycommunities.com.au/plan/corporate-planning/travel-behaviour-change/Guidelines">http://www.activehealthycommunities.com.au/plan/corporate-planning/travel-behaviour-change/Guidelines</a>
Travel Behaviour Change. Australian Transport Assessment and Planning	<a href="https://atap.gov.au/mode-specific-guidance/travel-behaviour-change/files/m5_travel_behaviour_change.pdf">https://atap.gov.au/mode-specific-guidance/travel-behaviour-change/files/m5_travel_behaviour_change.pdf</a>

Walking	
Walking in NSW	<a href="https://transportnsw.info/travel-info/ways-to-get-around/walking-cycling/walking">https://transportnsw.info/travel-info/ways-to-get-around/walking-cycling/walking</a>
TravelSmart Workplace factsheet	<a href="http://healthierworkplacewa.com.au/media/2297/promoting-walking.pdf">http://healthierworkplacewa.com.au/media/2297/promoting-walking.pdf</a>
Easy Steps: a toolkit for planning, designing and promoting safe walking	<a href="https://www.tmr.qld.gov.au/Travel-and-transport/Pedestrians-and-walking/Easy-Steps">https://www.tmr.qld.gov.au/Travel-and-transport/Pedestrians-and-walking/Easy-Steps</a>
International Walking Data Standard	<a href="http://www.measuring-walking.org/international-walking-data-standard">http://www.measuring-walking.org/international-walking-data-standard</a>
Pedestrian safety: a road safety manual for decision makers and practitioners	<a href="http://www.who.int/roadsafety/projects/manuals/pedestrian/en/">http://www.who.int/roadsafety/projects/manuals/pedestrian/en/</a>
Walking and cycling as transport modes	<a href="https://ec.europa.eu/transport/road_safety/specialist/knowledge/pedestrians/pedestrians_and_cyclists_unprotected_road_users/walking_and_cycling_as_transport_modes_en">https://ec.europa.eu/transport/road_safety/specialist/knowledge/pedestrians/pedestrians_and_cyclists_unprotected_road_users/walking_and_cycling_as_transport_modes_en</a>
Why walk? The Heart Foundation	<a href="http://walking.heartfoundation.org.au/why-walk/">http://walking.heartfoundation.org.au/why-walk/</a>
Planning Guidelines for Walking and Cycling NSW Department of Infrastructure, Planning and Natural Resources; Roads and Traffic Authority, December 2004	<a href="https://bicyclensw.org.au/wp-content/uploads/2012/07/planning-guidelines-for-walking-and-cycling.pdf">https://bicyclensw.org.au/wp-content/uploads/2012/07/planning-guidelines-for-walking-and-cycling.pdf</a>